

City of Carson COVID-19 Update

Monday, December 14, 2020

To help keep the community informed, the City of Carson is providing COVID-19 (coronavirus) news updates related to health, safety recommendations, and informational links to meet the needs of the community and protect public health.

The coronavirus outbreak began in China and has since spread across the globe with the first case reported in the U.S. by the CDC in January 2020. COVID-19 is commonly spread among people who are in contact with an infected person. Some people who are infected may not exhibit symptoms but can still spread the virus according to Public Health Experts. Although less common, COVID-19 can also spread through a person's contact with coronavirus contaminated objects and surfaces where respiratory droplets have landed and then touching their own mouth, nose, or eyes. Transmissions can overall be significantly reduced if everyone always wears a face covering securely over their nose and mouth, maintains six feet distance from anyone outside of their household, washes their hands regularly, and stays home as much as possible. People are also urged to avoid public gatherings where people are in close proximity, unable to remain six feet apart, cheering and shouting, especially without face coverings. If you are even mildly sick or think you were exposed to someone with COVID-19, stay home and away from others, and consider being tested for the virus.

The above recommendations are essential to prevent you from unintentionally spreading COVID-19 to other people.

PLEASE NOTE THAT THE CITY OF CARSON MUST ADHERE TO ANY AND ALL ORDERS SET FORTH BY THE COUNTY OF LOS ANGELES AND THE STATE OF CALIFORNIA.

COVID-19 CASES

(Numbers May Vary Depending on Time of Day)

12/14/2020	CASES	DEATHS
CARSON	3,612	66
West Carson/Unincorp.	811	54
County of Los Angeles	532,730	8,298
California	1,608,905	21,145
United States	16,532,754	303,482
Global	72,778,813	1,620,294

John Hopkins University & Medicine Coronavirus Resource Center https://coronavirus.jhu.edu/map.html

State of California Coronavirus Statewide Update https://update.covid19.ca.gov/

County of Los Angeles Public Health

http://publichealth.lacounty.gov/media/Coronavirus/locations.htm

- COVID-19 Testing In Carson And The County Of Los Angeles:
 - Carson Community Center: To make an appointment, please log on to: https://ushealthfairs.org/carsonform/
 - Los Angeles County: For locations and appointments, please log on to: https://covid19.lacounty.gov/testing/
- A Regular Meeting of the Carson City Council Meeting is Scheduled for <u>Tuesday</u>, <u>December 15, 2020 at 5:00 p.m.</u>
 - The meeting will be livestreamed on Cable Spectrum Channel 35 and AT&T Channel 99.
 - For public participation during "public comment", please go to: http://ci.carson.ca.us/publiccomments.aspx
 - To view current and previous Agendas, Videos and Minutes, please go to: https://carson.legistar.com/Calendar.aspx
- Carson City Hall Is Open To The Public For Business By Appointment Only Through December 31, 2020 although in-person business appointments will be scheduled on Mondays and Thursdays only due to the recent surge of COVID-19 cases and deaths throughout the region. Business hours are Monday Thursday 7:00 a.m., to 6:00 p.m., except for holidays, and may be modified or extended after the New Year depending on shifts in COVID-19 cases and state and county orders. To continue to protect the health, safety and well-being of the public and employees, we highly encourage phone and online business. For information on all city services, news and COVID-19 updates, please go to:

 City of Carson, California | Home
- The Food And Drug Administration (FDA) Grants Emergency Use Authorization (EUA) To Pfizer And Biontech For The COVID-19 Vaccine (demonstrating to be 95% effective) in a decision that promises to alter the fight against the coronavirus radically. The FDA has relaxed its usual review mechanism to allow drugs, tests and vaccines to get out more quickly than the usual to a speedier path called emergency use authorization. "Vaccines will help bring this pandemic to an end" said Health and Human Services Secretary Alex Azar. The FDA's decision, which comes just one day after an advisory panel overwhelmingly offered its endorsement, makes the vaccine the first for widespread distribution in the United States. Azar said earlier Friday that he expects that vaccinations in the U.S. could begin Monday or Tuesday of next week in an interview with Good Morning America. The government expects 2.9 million doses of vaccine and they'll be able to supply enough doses of vaccine for 20 million people by the end of the year. Another vaccine produced by Moderna, has been more than 94% effective in clinical trials and is currently awaiting its own authorization by the FDA. To view the NPR News December 11, 2020 News Report, please go to: FDA OKs Pfizer Coronavirus Vaccine For Emergency Use: Coronavirus Updates: NPR
 - To view the FDA Letter of Emergency Use Authorization (EUA) for emergency use of Pfizer-BioNTech COVID-19 Vaccine, please go to: https://www.fda.gov/media/144412/download
- California's First Doses Of The COVID-19 Vaccines Arrived At LAX on Sunday night prompting optimism in the long-running battle against the pandemic. Scientists and experts have already endorsed the safety of the Pfizer and BioNTech vaccine and the state's initial allocation (about 327,000 doses) will go mostly to acute-care hospitals to be administered to healthcare workers, although some counties said they will include skilled nursing facilities. The nationwide vaccination campaign is already underway although the vaccine isn't expected to be available to everyone until at least the spring. Mass immunization may now be months away and may signify the possible end of the pandemic but officials stressed that now is not the time to relax. The first freight trucks carrying vials rolled out of the Pfizer plant in Kalamazoo, Mich., on Sunday. Army Gen. Gustave Perna of Operation Warp Speed told reporters Saturday that UPS and FedEx would be delivering the vaccine to nearly 150 distribution centers across the country. To view the December 14, 2020 Los Angeles Times News Report, in collaboration with AP News, please go to: Pfizer COVID-19 vaccines arrive in California Los Angeles Times (latimes.com)



- Los Angeles County Pulls Skilled Nursing Homes From Federal Covid-19 Vaccine Plan that is using CVS Health Corp., Walgreens Boots Alliance Inc. and other pharmacies, stating to them via an emailed letter by the health department that they themselves should plan to administer vaccinations at their facilities. The change will support both quicker vaccination, and higher vaccine coverage, according to Public Health Director Barbara Ferrer. The companies have said they would generally come to facilities three times to administer shots and follow-up doses to staff and residents. According to the California Association of Health Facilities, there are 385 nursing homes across L.A. County. To view the December 11, 2020 Wall Street Journal News Report, please go to:

 Los Angeles County Pulls Nursing Homes From Federal Covid-19 Vaccine Plan WSJ
- Los Angeles, Orange, And San Francisco Counties Shatter COVID-19 Records As ICU Capacity Shrinks. San Francisco hit a record high of 323 new cases on Saturday while 1,236 people were hospitalized in Orange County on Sunday and 4,009 in Los Angeles on Saturday as space in intensive care units across the state shrunk to dangerous lows according to the latest available numbers. Intensive care units in Southern California have only 4.2% capacity as of Sunday, according to the California Department of Public Health. Northern California has the highest capacity with 29%, while the San Joaquin valley has just 1.5%. Mortality rates could surge if ICUs can no longer accommodate patients. Scientists don't yet know if the vaccine prevents the spread of the disease, and only a small number of doses will be available initially. Public health officials continue to urge people need to wear masks and practice distancing. The scarcity is less about physical space and more about a shortage of specially trained nurses to provide 24-hour care. The figures paint a dire picture just before Christmas when holiday travel could ramp up despite warnings from public health officials. To view the December 12, 2020 Los Angeles Times News Report, please go to: Los Angeles, Orange and San Francisco counties shatter COVID-19 records as ICU space shrinks Los Angeles Times (latimes.com)
- Kaiser Permanente Los Angeles ICU Nurse Helen Cordova Is The First Among LA County Healthcare Workers To Get The First Dose Of The Pfizer-Biontech COVID-19 Vaccine In California which marking the first step in a massive undertaking that will see the county attempt to vaccinate 6 million people in six months. Sandra Lindsay, a critical care nurse at Long Island Jewish Medical Center in New York City was likely the first to get the vaccine in the U.S. stating that she wanted to "instill public confidence that the vaccine is safe" despite being developed in record time. After distribution of vaccines to health care workers, skilled nursing facilities and long-term care staff and residents is completed, priority will then move to "essential workers" and then to people at highest risk of severe illness from the virus, such as seniors or those with underlying health conditions. To view the December 14, 2020 CBS Los Angeles News Report, please go to:

 Nurse First Among LA County Healthcare Workers To Get COVID-19 Vaccine CBS Los Angeles (cbslocal.com)
- First COVID-19 Vaccines Administered In Los Angeles County Today As Hospitalizations Accelerate At Disastrous Speed. The first shipment of vaccines arrived today at one of nine pre-positioned sites and the remaining eight sites receiving their shipment over the next two days, with the hope to receive two additional allocations in December. The current expected initial allocation for L.A. County is 82,875 doses (not include allocations for Long Beach and Pasadena receiving their own allocations). The nine prepositioned sites have been working with the Los Angeles County Department of Public Health and EMS to make arrangements to redistribute vaccine so that every acute care hospital that serves COVID-19 patients receives a pro-rata share of this initial allocation. Public Health has been working with hospitals to prepare them for this large undertaking. To read the *County of Los Angeles Department of Public Health* Press Release, please go to:

 LISTING OF DEPARTMENT OF PUBLIC HEALTH PRESS RELEASES (lacounty.gov)



- ICU Capacity Dropped To Alarming Lows And Ambulances Wait 4 Hours To Offload Patients as L.A. has just 56 adult ICU beds and 370 available hospital beds remaining in a county of 10 million while Orange County has its adjusted intensive care unit capacity at zero, according to Dr. Christina Ghaly, Director of L.A. County Health and Human Services. For comparison, Orange County's daily positive case has risen over 200% in just 2 weeks. Southern California as a whole on Monday only had 2.7% of its ICU bed capacity remaining, according to state figures. Between November 1 and December 7, cases in Los Angeles County increased by 625%, said Dr. Barbara Ferrer and swelled further in the past week. Hospitals are canceling elective non-essential procedures and regulating bed capacity by "diversion," of ambulances to farther hospitals with more beds and less offload waiting time. On Sunday, 81% of the 911-receiving hospitals in L.A. asked to have advanced-life-support ambulance traffic diverted to other medical facilities due to overcrowded ERs. The next step for local hospitals would be to "break ratio," or implement team-based nursing which could be less than the state's mandated nurse-to-patient ratios but allowed in emergency situations, said Ghaly. The state has offered two separate waiver processes which a number of local hospitals have already applied and received waivers for should staff need to deploy them. To view the December 14, 2020 Deadline and City News Service Inc. News Report, please go to: Covid-Ridden L.A. Has Just 56 Adult ICU Beds Left, Orange County None Deadline
- Tribal Casinos Remain Open As Southern California Adjusts To COVID-19 Stay-At-Home Order even as many businesses were forced to shutter or pare back services due to new order from the state. Native American tribes, as sovereign nations, are not required to follow the state's stay-at-home order. Pandemic approach has varied by casino and every local casino has implemented certain public health measures in the past year, though some to a greater degree than others. Many casinos have implemented and strictly enforce face mask requirements, temperature checks, some new occupancy limits, hand sanitizing stations and other measures and hold regular COVID testing. Under the Indian Gaming Regulatory Act, every tribal gaming ordinance enacted by a tribe must include a "public health and safety" protection clause. Katherine Spilde, a professor and chair of the Sycuan Institute on Tribal Gaming at San Diego State University, reiterated that tribal governments are seeking to protect public health just like any other government. Tribal governments have the same public health mandates that any government would have, which would be to protect their citizens and residents, protect their employees who come to work at their properties and to protect the guests who come to have an experience in Indian Country." To read the USA Today News Report, please go to:

 Tribal casinos remain open as SoCal adjusts to shutdown order (usatoday.com)
- SoCal Gas Company Utility Programs for Residents:
 - On-Time Gas Bill Relief Assistance Grant (877) 238-0092
 https://www.socalgas.com/save-money-and-energy/assistance-programs/gas-assistance-fund
 - RES DI Program (Residential Direct Install) FREE Home Weatherization.
 SoCal Gas Co. Authorized Contractor: ACS Group License Number 667206. (562) 464-0880
 https://www.socalgas.com/save-money-and-energy/rebates-and-incentives/residential-direct-install-program
 - Medical Baseline Allowance Program Baseline rates for individuals with a serious health condition (800) 427-2200 https://www.socalgas.com/save-money-and-energy/assistance-programs/medical-baseline-allowance
- Southern California Edison Utility Programs For Residents:
 - FERA Program (Family Electric Rate Assistance) Reduced Monthly Bill https://www.sce.com/residential/assistance/care-fera CARE Program (California Alternate Rates for Energy) Reduced Monthly Bill https://www.sce.com/residential/assistance/care-fera
 - EAF Program (Energy Assistance Fund) Bill Payment Assistance Grant



https://www.sce.com/residential/assistance/energy-assistance-fund

LIHEAP (Low Income Home Energy Assistance Program) Home Weatherization Program, Energy Savings Assistance, and Energy-Efficient Appliances (800) 736-4777 https://www.sce.com/residential/assistance/energy-saving-program

- Emergency Rental Assistance Program For Up To \$10,000 For Carson Residents. For more information, qualifications requirements and instructions on how to apply, please go to: http://ci.carson.ca.us/content/files/pdfs/housing/rental/Emergency%20Rental%20Assistance%20Fact%20Sheet.pdf
- Small Business Assistance Grant Program For Up To \$30,000 For Carson Businesses. For more information, qualification requirements and instructions on how to apply, please go to: http://ci.carson.ca.us/content/files/pdfs/housing/SBGrant/SmallBusinessAssistance-ERA_101320.pdf
- California Rebuilding Fund For Small Businesses. For more information, eligibility requirements and to apply, please go to: California Rebuilding Fund | Connect2Capital
- Small Business Hiring Tax Credit Program from the California Department of Tax and Fee Administration (CDTFA). Business owners must apply with the CDTFA for a credit reservation from December 1, 2020 at 8:00 a.m., through January 15, 2021. For more information, eligibility requirements and instructions on how to apply, please go to: https://www.cdtfa.ca.gov/taxes-and-fees/SB1447-tax-credit.htm
- Department Of Public Social Services (DPSS) Offers Assistance To Residents for Medi-Cal health insurance, CalFresh food assistance, CalWORKs cash assistance for families, and General Relief cash assistance. They also offer many other social service programs such as to individuals who are experiencing homelessness, domestic violence, substance use disorders as well as others. For more information, please go to: https://dpss.lacounty.gov/en.html
- Meal Programs And Assistance For Residents continue in Carson, including for seniors and the homebound.
 - Carson Essentials to GO Grocery Package Purchase delivered: (310) 952-1765
 - Free Meal Pick-Up for those in need, Mon. Thurs. at 11:00 a.m.: (310) 952-1750
 - Meals on Wheels YMCA Program for seniors age 60 and up: (310) 602-4909
 - Grab & Go City on the Hill Church for children and seniors (310) 740-9363
 - Everytable: Homemade meals delivery subscription: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619
 - Grab & Go Food Centers, please log on to: https://achieve.lausd.net/resources
 - Los Angeles Regional Food Bank for all in need: (323) 234-3030

https://www.lafoodbank.org/coronavirus/

https://www.lafoodbank.org/wp-content/uploads/Food-Resource-Guide-2-sided.pdf

County of Los Angeles Food Resources

https://covid19.lacounty.gov/food/



- WIC (Women, Infants and Children) is a health program that provides food vouchers to low income families with children 5 years old and under. For more information, please call 1-888-WIC-WORKS or got to: https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/Program-Landing1.aspx
- CalFresh is the Supplemental Nutrition Assistance Program (SNAP) that provides financial assistance low-income families. For more information, please call (877) 847-3663 or go to: https://www.cdss.ca.gov/inforesources/calfresh

If You Feel Anxious, Stressed, Worried, Sad, Bored, Depressed, Lonely or Frustrated

due to your current circumstance possibly caused by the coronavirus (COVID-19) outbreak as it is changing life for all of us, please use these valuable resources below for emotional support and well-being to help yourself and to help others by going to: https://covid19.ca.gov/resources-for-emotional-support-and-well-being/

- **24-hour Suicide Prevention Lifeline:** 800-273-8255 or text 838255
- **24-hour Domestic Violence Hotline:** 800-799-7233 or click Chat Now
- Call 911 if you or the person you are helping is in immediate danger.

Please continue to follow the recommendations of public health experts to avoid the spread of COVID-19 by washing your hands often; clean and disinfect surfaces on a regular basis; stay a safe distance from one another; stay home if you are ill; avoid others who are who are ill; cover coughs and sneezes; wear face masks if you are ill. If you are experiencing high fever, along with dry cough and fatigue, call your health provider so they can provide you with professional advice and recommendations. Those with underlying health conditions, the elderly and those who are pregnant should consider calling sooner, as soon as feeling ill.

